



# ORGANIZATIONAL CAPACITY ASSESSMENT FOR MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS) IN NATIONAL SOCIETIES

---

This survey aims to assess the organisational capacities of National Societies in implementing, monitoring, and evaluating Mental Health and Psychosocial Support (MHPSS)

The findings may be useful for the overview of existing capacity, highlighting operational challenges, and pinpoint directions for forward-looking capacity building.

## SECTION 1: GENERAL INFORMATION

1. Do you have a MHPSS focal point: (fixed staff position, project-based, or volunteer-based)

## SECTION 2: INTEGRATION OF MHPSS SERVICES

2. How is MHPSS reflected in your National Society's organisational structure?

- Standalone MHPSS department or unit (having a cross-cutting function of integration in Health, Disaster Response, Migration, other)
- Integrated into Health programmes/ department/ unit.
- Integrated into Disaster Response department.
- Integrated in Migration programmes/ department/ unit.
- Project-based
- Other (please specify)

3. In which sectors are MHPSS services integrated within your National Society?

*(select all that applies and mark the level of integration 0-none, 5-fully integrated)*

Health	0-1-2-3-4-5
Migration	0-1-2-3-4-5
Disaster and Emergency Management	0-1-2-3-4-5
Social Care	0-1-2-3-4-5
Youth	0-1-2-3-4-5
First Aid	0-1-2-3-4-5
Protecting/Restoring Family Links	0-1-2-3-4-5
Protection, Gender and Inclusion	0-1-2-3-4-5
Others:	0-1-2-3-4-5
Other, please specify: _____	





4. Does your National Society have an MHPSS policy or framework, strategy (any organizational level document which institutionalizes MHPSS formally)
- Yes
  - No, but in development currently
  - No, but planning on creating one in the future
  - No, but interested with no concrete plans
  - No

### SECTION 3: BRANCH-LEVEL COOPERATION AND OUTREACH OF MHPSS

5. Are MHPSS interventions implemented at the branch level?

- Yes
- No

If yes, please indicate how many branches are implementing MHPSS services?

- 0-10%
- 10-25%
- 25-50 %
- 50-75%
- 75-100%

6. How does the National Society's HQ support branches in implementing MHPSS activities?

- Development of MHPSS information materials and validation of materials
- Capacity-building and training
- Supervision
- MHPSS assessments and monitoring and evaluation
- Programme development and planning (including Emergency Appeals)
- Resource allocation
- Fundraising
- None of the above
- Other (please specify)\_\_\_\_\_





7. Is MHPSS coordination currently included in the responsibilities of MHPSS?

- Yes, at both HQ and branch levels
- Yes, but only at HQ level
- Yes, but only at branch level
- No, there is no dedicated MHPSS focal point/team
- No, there is no dedicated MHPSS focal point/team, but we are planning to have one in 2025

8. Are branches equipped with the necessary resources (e.g., staff, training, funding) to deliver MHPSS services effectively?

- Yes, fully equipped
- Partially equipped
- Not equipped

If not or partially, please indicate what necessary resources are needed to deliver MHPSS services at the branch level?

9. How do you ensure alignment of MHPSS interventions across different branches and departments?

*(Open-ended)*

#### **SECTION 4: STAKEHOLDERS COORDINATION AND EXTERNAL AND MOVEMENT PARTNERSHIPS**

10. Is MHPSS a part of an auxiliary role you National Society has with your country's government?

- Yes
- No

• If yes, is there an MHPSS component in the auxiliary role?

- Yes
- No

• If yes, please describe \_\_\_\_\_

11. How does your National Society collaborate with external partners (e.g., state government, local governments, NGOs, academic partners) for MHPSS implementation?

- Through formal agreements or MoUs
- Participation in joint working groups





- Informal partnerships
- Joint training
- Development of MHPSS materials
- Other (please specify)\_\_\_\_\_

**SECTION 5: MHPSS RESOURCES AND HUMAN RESOURCE CAPACITIES:**

12. Is the MHPSS capacity in your NS:

- Staff-based i.e. most delivering MHPSS services are paid staff.
- Volunteer-based i.e. most delivering MHPSS services are volunteers.
- Balance between staff and volunteers

13. Rate the experience of staff and volunteers in delivering MHPSS services (0 = No experience, 5 = Extensive experience.)

Topic	Rate 0 to 5
1. Community-based MHPSS	
2. Psychological First Aid	
3. Psychological First Aid for young peers	
4. Psychological First Aid for groups	
5. Psychological First Aid for children	
6. Delivery of MHPSS via helplines or remote MHPSS	
7. MHPSS Mapping and Referrals	
8. Monitoring and Evaluation in MHPSS	
9. MHPSS research	
10. Supportive Supervision	
11. MHPSS Advocacy. Rights-based approach	
12. MHPSS and Community Engagement and Accountability	
13. Mental health promotion and prevention. How to speak about MHPSS	
14. MHPSS and Protection, Gender, and Inclusion	
15. Other (please, indicate)	

Please, list any additional other topics:\_\_\_\_\_





14. Do you have a system in place to support staff and volunteers

- Yes, for staff (please, list MHPSS supports available)
- Yes, for volunteers (please, list MHPSS supports available)
- Yes, for both (please, list MHPSS supports available)
- No

15. Do you have a formal system in place to regularly monitor staff and volunteer wellbeing?

- Yes
- No

16. What resources or publications does your National Society have to support your staff and volunteers in their work?

17. What community-focused tools do you have? What resources or publications related to MHPSS topics has your National Society produced for communities or organisations working in communities?

18. Do you have a process in place to monitor and evaluate MHPSS activities?

- Yes (please, list the tools)
- NO

19. Do you have a set of tools for MHPSS needs assessment in your NS?

- Yes
- NO

20. Do you have tools in your National Society to map MHPSS referral pathways?

21. Do you have a process to regularly update MHPSS referral pathways?

22. Is responsibility for MHPSS referral mapping formalised?





23. Does your National Society work with different target groups in delivering MHPSS services

Rate your National Society's experience working with different target groups (0 = No experience, 5 = Extensive experience).

Topic	Rate 0 to 5
1. Local population affected by crises/emergencies	
2. Asylum seekers	
3. Refugees	
4. Return migration	
5. Undocumented migrants	
6. People from marginalised minorities	
7. Children (up to 11 years)	
8. Adolescents (from 12 to 17)	
9. Young adults (18 to 30)	
10. People with disabilities including mental health disabilities	
11. Women survivors of sexual violence	
12. Women survivors of gender-based violence	
13. Older adults	
14. LGBTQIA+	
15. Families of missing persons	
16. Other	

