

# Suicide: facts and figures

**Suicide** is the **second** leading cause of death among

**15-29** year-olds

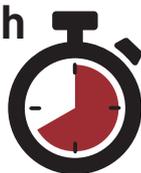


There are more deaths from **suicide** than from war and homicide together



Close to **800 000** people die by **suicide** every year

1 death every **40** seconds



High-income countries

**79%**

of **suicides** occur in low- and middle-income countries



**Pesticides, hanging and firearms**

are the most common methods used globally



## Suicides are preventable

Restricting access to means

Responsible media reporting

Introducing alcohol policies

**Effective preventive measures**

School-based interventions

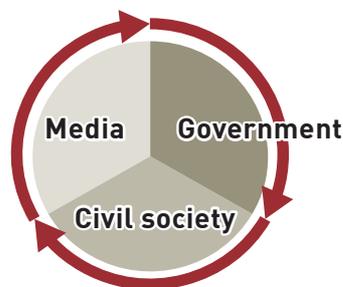
Training of health workers in early identification and treatment

Follow-up care and community support



**Key is a comprehensive multisectoral approach**

Most countries currently do not have a **national suicide prevention strategy**



**Reduction of suicide rates:**  
by 10% in the WHO Mental Health Action Plan 2013-2020  
by 1/3 in the UN Sustainable Development Goals 2030



World Health Organization