

(2020 / Slovak Olympic and Sports Committee - All rights reserved)



CALLING ALL COACHES

- Are you working with young people aged 10-24yrs?
- Have some of your players experienced **displacement** or forms of **adversity**?
- Are you interested in learning about the role that sport can play in **supporting** positive **mental health** and well-being?

JOIN OUR ONE DAY TRAINING

1. Practical tools and strategies to ensure your sport sessions are **safe** and **supportive**
2. Identify and effectively support young people in distress in ways that do no harm
3. Promote healing, recovery, and growth through sport



Promoting mental health and well-being through sport.

Get involved



- Register for the one-day course by writing to **clath@rodekors.dk** or fill out the form by scanning the QR code or following this link: <https://ee.ifrc.org/x/iFOjgke8>
- The course is free and you will receive a certificate upon completion of the training

FROM

2024

AIMED AT REACHING

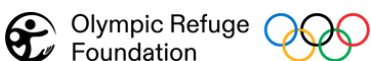
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COACHES

ACTIVE IN

8

COUNTRIES



Sport Coach+ is a collaboration between the Olympic Refugee Foundation and the RCRC Movement MHPSS Hub



MHPSS INTERNATIONAL MOVEMENT HUB