



EUROPEAN COMMISSION

DIRECTORATE-GENERAL FOR HUMANITARIAN AID AND CIVIL PROTECTION - ECHO

**SINGLE FORM FOR HUMANITARIAN AID ACTIONS**

(Offline Work Document: Request (RQ))

## 1. GENERAL INFORMATION

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### 1.2 Title of the Action

Psychosocial Support Programme for Children and Families in Palestine OT

### 1.3 Area of intervention

**World area :**

Asia

**Country :**

Palestinian territory, occupied

**Region :**

MENA Region

### 1.4 Start date of the Action

**Start date** 01/06/2011

**If the Action has already started explain the reason that justifies this situation (urgent Action or other reason)**

n.a.

### 1.5 Duration of the Action in months

**Months**

12

**Days**

0

### 1.6 Start date for eligibility of expenditure

**Is the start date for eligibility of expenditure equal to the date of submission of the initial proposal ?**

no

**Explain expenses charged to the budget between date of submission of the initial proposal and start date of the action**

n.a.

**If no, enter the start date for eligibility and explain above**

01/06/2011

### 1.7 Requested funding modalities for this agreement

**Requested funding**

Co-financing

**In case of 100% financing, justify the request**

100% financing is not being requested. ECHO is being requested to cover 70% of the Action.

## **1.8 Urgent action**

**Is urgent?**

no

if yes :

**In case of urgent action in the framework of another ECHO decision, Please justify**

## 2. NEEDS ASSESSMENT

### 2.1 Date(s) of assessment; methodology and sources of information used; organisation/person(s) responsible for the assessment

Methodology and sources of information use for the annual assessment and evaluation include quantitative data collection (survey and questionnaires) and qualitative data collection (observation of activities, focus groups, interviews of key informants).

Since 2003, when programme first started in the Northern part of the West Bank, each programme round started with a baseline and ended with an external evaluation which has also contributed to keep a close look on the evolution of needs within the targeted population.

Ongoing meetings with international and local NGOs involved in Mental Health and Psychosocial working group and in yearly Needs Assessment Framework of the Consolidated appeal is also contributing to a dynamic and comprehensive monitoring of the psychosocial situation in the oPt.

- January 2009: Assessment of the internal PRCS PS Department management structure and processes. The assessment involved all PRCS PS staff within the PRCS PS department, including PS staff in the PRCS Branches. The assessment was conducted by Frank Roni, PS Consortium Technical Delegate and led to the setting up of a renewed management structure, including revised job descriptions (see annex 5).
- May 2009: Annual Evaluation of the School Based Psychosocial Programme 2008-2009, conducted by Associate Professor and member of the IFRC Psychosocial Reference Centre roster, Peter Berliner.
- April 2009 : Palestinian Children Issues and Statistics, Annual Report 2009, Palestinian Central Bureau of Statistics.
- June 2009: Technical Support Mission to the PRCS Psychosocial Support Department. Conducted by Maureen Mooney, French Red Cross Psychosocial Support Programme Coordinator.
- September 2008 and June 2009: PRCS was one of the organisations which participated in the first inter-agency evaluation of Psychosocial intervention in Palestine facilitated by UNICEF and Columbia University (NY). Through that process, PRCS conducted a comprehensive pre and post programme survey in East Jerusalem, Hebron, Jaba/Tubas and Qalqilya/Tulkarem. In total 200 children were individually interviewed, of which 100 were part of the control group of children in 4<sup>th</sup> and 5<sup>th</sup> grade, who will benefit from 2009 - 2010 activities. UNICEF was to present the results of the study by September 2009, but has yet to release the final report.
- April 2010: Palestinian Children Issues and Statistics, Annual Report 2010, Palestinian Central Bureau of Statistics.
- June 2010 : Interagency Psychosocial Evaluation Project Final Report (Draft), Columbia University / Unicef.
- August 2010: Annual external evaluation reports of the SBPSP in the West Bank and of the psychosocial support programme in Gaza written by Dr. Rebecca Horn.
- August 2010 : Psychosocial needs assessment report, Gaza, Mercy Corps
- September 2010 : Consolidated Appeals Process 2011 (CAP), MHPSS Working group Needs Assessment Process Report (NAF).
- September 2010 : Consolidated Appeals Process 2011 (CAP), Health, Education, Protection responses plans.

### 2.2 Problem statement and stakeholder analysis

#### The Problem Statement

The 63 years long conflict between Israel and Palestine has been associated with persistent low-level violence and human rights violations, interspersed by periods of acute conflict and displacement. The result has been a gradual but relentless reduction in people's security, freedom of movement, and access to resources which deeply affects the society, economically, socially and emotionally, with an overall undermining effect on the well being of the entire population.

The Needs Assessment Framework (NAF) led to the conclusion that the most vulnerable areas in the occupied Palestine territory are the following:

East Jerusalem with the ongoing evictions and demolition; Area C of the West Bank, especially area prone to restrictions, settler violence, demolitions, and confiscation of land and water; Military zones and areas affected

by the settlements and recurrent incursions such as Palestinian enclaves around and behind the Barrier including the seam zone; Gaza with the ongoing blockade and enforcement of a buffer zone.

In these areas, there is an increased need for humanitarian service provision, including psychosocial services, which are all to be considered as part of an overall population protection framework.

Focusing on psychosocial sector, the following points represent an overview of the main challenges to Palestinian emotional, psychological and social well being.

#### Violence and insecurity

According the Palestine Ministry of Information, from the beginning of the second Intifada until 28 September 2010, more than 7407 Palestinians were killed in the Occupied Territory. Among them 1859 were children. Although the security situation has improved since 2008 in the West Bank, Palestinians continue to face threats to personal security.

#### Restrictions of movement, territorial and social segmentation

The West Bank is subject to a complex system of physical obstacles: dirt mounds, concrete blocks, fences, fixed and flying checkpoints, siege, prohibition on use of roads and the 723 kilometres long West Bank separation Barrier. Not only does the Barrier cut the West Bank into segments, it also surrounds and isolates Palestinian villages leaving people only one gate, guarded by militaries, in which to enter or leave their village.

#### Internal strife

On the domestic level, Palestine has witnessed a historical step back in the national unity. Increasing tensions between Fatah and Hamas reached a peak on the 14<sup>th</sup> of June 2007 with a Hamas led government taking the sole control of the Gaza Strip. Since then, the oPt is divided into two separate political entities which have not yet managed to resume talks.

#### Economic hardship

According to the Israeli human right organisation B'tselem, on the eve of the Oslo peace process (1993), some 115,000 Palestinians worked in Israel, and unemployment in the occupied Palestinian territory had declined to under five percent. These workers, who comprised one-third of the workforce in the Occupied Territory, supported hundreds of thousands of dependants. Access of Palestine products to the Israeli market has also been heavily restricted.

#### Dignity denied

According to a research study carried out by the Humanitarian Policy Group in July 2009 the conflict has had devastating implications for protection and livelihoods in the West Bank. Violence and detentions have affectively reduced the productive capacity of families. The daily exposure to stress and harassment have had an impact on all members of the families, and in particular the children, as the parents/caregivers are not capable of giving the children adequate care and protection.

### **2.3 Summarise findings of the assessment (include full report in annex, if relevant) and link these to the Action**

Armed conflicts cause significant psychological and social suffering to affected populations. The psychological and social impacts of conflict may be acute in the short term, but they can also undermine the long-term mental health and psychosocial well-being of the affected population. These impacts may threaten peace, human rights and development; create a wide range of problems experienced at the individual, family, community and social levels. At every level, conflict interrupts the normal protective support systems, increase the risks of diverse problems and tend to amplify pre-existing problems of social injustice and inequality. One of the priorities in conflict situation is thus to protect and improve people's mental health and

<sup>[1]</sup> psychosocial well-being. Palestinians in the Occupied Territory are at a very high risk of mental, social and emotional distress. Ongoing occupation ensures a continual state of restriction and violence directed towards the Palestinian people, including death, injury, military actions, harassment, humiliation, curfew, detention and home demolitions.

Palestinian children, in particular, are at great risk having few places to express their feelings of stress and potential trauma they have experienced living under occupation. Long-term exposure to stressful and

abnormal conditions, as existing in this region, has a negative impact on a person's mental health, behaviour and ability to function<sup>[2]</sup>. In March 2009, a UN-report on Children and Armed Conflict report gives a clear picture of the background for that a large number of families and children in the oPt face multiple losses: of kin and home; of the opportunity to generate an income; of social cohesion; of human dignity; of trust and safety; of a positive self-image; and of a hopeful perspective of the future.

The losses further hamper the possibilities for re-establishing mental balance following potentially traumatic experiences. Research studies conducted by UNICEF reveal that children in almost a third of all families experience anxiety, phobia or depression. Caregivers report acute signs of distress among children and parents say they are unable to fulfil their children's basic needs, including protecting them from the escalating violence and poverty. The report concludes that many children and their families live in an environment increasingly

characterised by violence, poverty and insecurity.<sup>[3]</sup> Fear, anxiety, increased introversion, depressive mood, shyness (isolation), violent behaviour and bullying, lack of trust in others and problems focusing have been identified as emotional and behavioural responses to the strains put on children and their families. It has been noticed that children often react by playing with less concentration and for shorter periods, which is a severe symptom of distress as playing is an important part of children's development.

SEE FURTHER ANNEX 2.3. WHICH SUPPORTS FURTHER THIS SEGMENT (2.3.)

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<sup>[1]</sup> MHPSS IASC Guidelines, 2007.

<sup>[2]</sup> Aarts, Petra G.H. Guidelines for Programmes - Psychosocial and Mental Health Care Assistance in (Post) Disaster and Conflict Areas. International Centre, Netherlands Institute for Care and Welfare, 2002.

<sup>[3]</sup> UNICEF, Info by country, August 2009

**The tables ( if necessary ) must be annexed.**

**Tables with additional information**

### 3. HUMANITARIAN ORGANISATION IN THE AREA OF INTERVENTION

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#### 3.1 Humanitarian Organisation's presence in the area of intervention

##### brief overview of strategy and current or recent activities in the country

The Palestine Red Crescent Society (PRCS), officially founded in December 1968, is a national humanitarian organization. Since its establishment, it caters to the health and welfare of the Palestinian people and others in need in the OPT and the Diaspora. It has 4,200 employees in oPt (West Bank and Gaza Strip), Lebanon, Syria, Egypt and Iraq in addition to its volunteer network of more than 20,000 people. Till the year 2000, PRCS international support was mainly relying on Solidarity movement. Since the beginning of the second Intifada however, cooperation with Red Cross Red Crescent societies from all over the world has increased tremendously. Since 2006, PRCS is a full member of the International Movement of Red Cross Red Crescent and Red Crystal Societies.

Danish Red Cross (DRC) together with Icelandic Red Cross (IcRC) has been supporting Palestine Red Crescent Society (PRCS) in implementing a School Based Psychosocial Programme (SBPSP) in Tubas since 2002 and in Qalqilya since 2004. In 2006, French Red Cross (FRC) started supporting PRCS SBPSP programme in Jaba (Jenin Governorate). Both programmes received co-funding from ECHO. In 2005, Italian Red Cross (ItRC) began assisting PRCS in the establishment and development of two Psychosocial Centres (PSC) in Hebron Old City, West Bank and Khan Younis in the Gaza Strip. In addition, PRCS initiated a pilot SBPSP in two schools in Hebron Old City in 2007 - 2008.

In the school year 2008 - 2009, the above mentioned SBPSP's were merged into one programme when Danish, Icelandic, French and Italian Red Cross together with Palestine Red Crescent Society, established a Psychosocial Support Consortium in order to harmonise and enhance the Red Cross/Red Crescent movement psychosocial interventions in the West Bank. Since 2008, DRC is the lead agency of the PS Consortium and contract holder with ECHO.

In the school year 2009 - 2010 the SBPSP is being implemented in 134 schools across the West Bank; Tubas, Nablus, Qalqilya, Jenin, Hebron and Tulkarem Governorates and in East Jerusalem. ECHO co-funds the programme with DRC, ItRC, FRC and IcRC, providing technical and managerial support as well as co-funding.

Following Israel's military operation in Gaza in December 2008 - January 2009, DRC successfully sought funding from the Danish Government for the establishment of an additional three psychosocial centres to the one already existing in Gaza, supported by ItRC. The four centres, which are co-funded by the Consortium members, address and respond to the needs of the population traumatised by the war. The programme was of one year duration but has been extended until August 2010 and is expected to reach approximately 30.000 children and adults in Gaza. The Psychosocial Consortium has, in a formal MoU, incorporated the activities in Gaza under the umbrella of the PS Consortium, thereby embracing PRCS Psychosocial activities in both the West Bank and in Gaza.

#### 3.2 Actions currently on-going and funding requests submitted to other donors (including other EC services) in the same area of intervention - indicate how overlap and double funding would be avoided

DRC has diversified income base; and has the possibility to direct and re-direct funding, for example, the branches in Denmark have contributed to the PS programme (Twinning) which has been used to complement / supplement ECHO funded implementation as well as funding PS projects not being targeted in the ECHO application. This extra ordinary funding is clearly kept separate (separate bank account). Synergies are being created by i.e. ECHO funded activities are complemented and or vice versa non-ECHO funded activities are being implemented. PRCS has the coordinated role of the implementation. Other coordinating mechanisms are in place i.e. through the Psychosocial (PS) Consortium with PRCS implementing the activities. Cross learning and application of best practices between the programmes will be encouraged.

## 4. OPERATIONAL FRAMEWORK

### 4.1 Exact location of the Action (include map of action location)

<u>World area</u>	<u>Country</u>	<u>Region</u>	<u>Location</u>
Asia	Palestinian territory, occupied	MENA Region	West Bank and Gaza strip

#### Map of action location (reference)

The Psychosocial Support Programme for Children and Families in Palestine OT will be implemented in the Gaza Strip, Hebron, Tubas governorate (villages located in the C zone and Jordan valley), Nablus, Qalqilya, isolated communities of Jenin and Tulkarem and East Jerusalem Governorates.

### 4.2 Beneficiaries

#### 4.2.1 Total number of direct beneficiaries

<b>Total number</b>	37798
<b>Comments</b>	

n.a.

#### 4.2.2 Status of the direct beneficiaries (multiple options possible)

- ☐ IDPs
- ☐ Refugees
- ☐ Returnees
- ☒ Local population
- ☐ Others

#### 4.2.3 Specificities of direct beneficiaries (please elaborate, refer to groups as appropriate, e.g. unaccompanied minors, disabled, children, ex-combatants ...)

The Psychosocial Support Programme for Children and Families in Palestine OT reaches direct beneficiaries from Gaza, East Jerusalem, Hebron, isolated communities in Jenin and Tulkarem, Tubas, Nablus and Qalqilya towns and surrounding villages.

- An estimated 20 592 children and community members will participate in the planned summer activities, community workshops, meetings, open days and festivals.
- An estimated 800 children will visit the psychosocial centres.
- Approximately 90 beneficiaries will receive individual counselling.
- Approximately 240 beneficiaries will be referred by PRCS primary health centres to the psychosocial centres receive group counselling.
- An estimated 1 600 beneficiaries who approach the psychosocial center for psychosocial or any other form of support will receive consultations and/or be referred to health, mental health and/or social services.
- An estimated 3701 school children in grade 5 and 6 will participate in 20 guided workshops implemented in schools.
- An estimated 1000 children from 10 to 12 years old will participate in 20 guided workshops facilitated by professionals in the psychosocial centres and/or community halls.
- An estimated 2 300 children and their families attend theatre shows.
- An estimated 2 800 beneficiaries receive awareness advocacy stickers and/or publications.

- An estimated 4060 parents/caregivers from the communities will attend parents/caregivers sessions.
- An estimated 245 children who have participated in the SBPSP in the period from 2003-2009 will attend leadership training to carry on community activities.
- Approximately 370 PRCS staff, volunteers and other actors providing psychosocial support (from MoH and MoE) will participate in psychosocial training.
- (100%) PRCS staff and volunteers participating in PS programme activities will receive on the job supervision.

#### 4.2.4 Direct beneficiary identification mechanisms and criteria

Beneficiaries' selection is one of the most important responsibilities of the actors involved in the psychosocial services.

**Vulnerable areas** - The following criteria are used when determining where to provide services; Services delivered by the programme are not provided in the same area by other organisations and/or governmental services and ministries; Services are provided to the population of neglected areas and in high need of the services; Services are provided where the level of harm resulting from the occupation and the need for protection in the selected areas is high (settlement and military presence, isolation by the West Bank Barrier)

The conclusions of the Needs assessment framework process, stated that the most vulnerable areas are : East Jerusalem with the ongoing evictions and demolitions; Area C of the West Bank, especially area prone to restrictions, settler violence, demolitions, and confiscation of land and water; Military zones and areas affected by the settlements and recurrent incursions such as Palestinian enclaves around and behind the Barrier including the seam zone; Gaza with the ongoing blockade and enforcement of a buffer zone.

As stated in the needs assessment, the extreme violence in the last war on Gaza in December 2008 - January 2009 (Operation Cast Lead) and the continuing closure policy by the Israelis on Gaza, has severely affected the well-being of the vulnerable groups. The PRCS has been implementing psychosocial support activities in Gaza through its psychosocial centre in Gaza since 2005 and is proud to continue providing services while harmonising its methodology of intervention between Gaza and the West Bank.

The Psychosocial Support Programme for Children and Families will provide holistic services matching the needs of the selected communities. The venues of the activities are first of all PRCS's Psychosocial Centres in Hebron, Jaba and Qalqilya, Khan Yunis and Gaza city as well as community centres, health centres and schools in the above mentioned locations.

One of the basic premises of the PRCS's work is that services are tailored toward the most vulnerable groups among the Palestinian population which explains why children, including grade 5 and 6 school children, still represent the majority of the direct beneficiaries. Other groups are and will be included in various PS outreach activities of PRCS.

The schools of the children who will benefit from the guided workshops have been jointly identified by both the MoE and the PRCS PS programme in order to ensure that no overlaps with other similar activities are taking place, including East Jerusalem. The MoE and PRCS have agreed to use the most vulnerable criteria as the key factor in the selection process. The selection also relies on the three years cycle hand over/exit-strategy which has been previously discussed with ECHO technical expert in Jerusalem.

2011-2012 PRCS PS implementation will be in the following areas:

Hebron: 1 school under PRCS responsibility and 12 schools under the responsibility of MoE; East Jerusalem: 5 schools under PRCS responsibility and 3 schools under the responsibility of MoE; Tulkarem: 5 schools under PRCS responsibility and 4 schools under the responsibility of MoE; Isolated Communities of Jenin: 4 schools in isolated communities under PRCS responsibility; Qalqilya: 3 schools under PRCS responsibility and 49 schools under the responsibility of the MoE; Isolated Communities of Tubas: 2 school under PRCS responsibility and 4 schools under the responsibility of the MoE.

Gaza strip: 7 schools will be under PRCS responsibility given that the locations are; Gaza City; Jabalia; Khan Yunis; Deir al Balah and Rafah.

In total 99 schools will participate in the programme in 2011-2012. 20 will be under PRCS responsibility while 79 schools will be under the MoE responsibility.



#### 4.2.5 Describe to what extent and how the direct beneficiaries were involved in the design of the Action

One of the design features of the Psychosocial Support Programme for Children and Families is the ongoing interaction with all actors, including beneficiaries. A close and regular contact with the community committees and with people directly involved in the implementation of the activities is maintained throughout the programme implementation. The PRCS staff and volunteers providing psychosocial support ensure that beneficiaries have influence on the services/activities provided. Furthermore, annual baseline and final evaluation are carried out and feedbacks are provided by the beneficiaries through focus group discussions. Comments and suggestions are taken into account and, when possible, integrated in the programme. The SBPSP, the Love Bridge and Gaza programmes have been continuously revised and improved since 2003 and 2005 respectively, based on feedback from the beneficiaries, teachers, headmasters/ headmistresses, members of the Community Committees, and parents/caregivers. Similarly, inputs from the children are also constantly being taken into consideration in the design of the operation

Regular coordination meetings with the Ministry of Health, the Ministry of Education, and other stakeholders in the same field thought the UNICEF led MHPSS working group provides PRCS information that are taken into consideration in the design, interventions and locations of the programme.

#### 4.2.6 Other potential beneficiaries (indirect, "catchment", etc.)

Number of other potential beneficiaries

0

### Comment

The programme has an indirect impact on various groups in Khan Yunis, Gaza City, East Jerusalem, Hebron, isolated communities in Jenin and Tulkarem, Tubas/Jordan Valley, Qalqilya town and surrounding villages. These groups include, neighbours, siblings of children enrolled in the guided workshops, children in the neighbourhood and other parents with children who are not enrolled in guided workshops.

Experience shows that the SBPSP component has a spill-over effect on school teachers and headmasters/headmistresses who are not directly involved in the SBPSP, as the teachers involved share their experience and knowledge with their colleagues.

Past programme evaluations have also shown that including the parents not only has a knock-on effect on the children involved in the workshops: children of all ages may benefit from their parents having support and input on parenting difficulties and skill development throughout the school year.

With the Psychosocial Support Programme for Children and Families being integrated in the Psychosocial Centre approach, the services are made available for a wider audience and thereby increasing the awareness level of the psychosocial needs in the community.

Yet, the measuring tools are not available in order to give, with certainty, the exact number of indirect beneficiaries.

#### 4.2.7 Direct beneficiaries per sector

## Comments

Sector	Number of beneficiaries
Health	37 798
Psychosocial	

Sector name	Number of beneficiaries per sector	Target
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Health	37,798
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#### 4.3.1 OPERATIONAL OVERVIEW OF THE ACTION : LOGICAL FRAMEWORK

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##### Principal objective

To improve the psychosocial well-being for the vulnerable population affected by the ongoing conflict in Palestine Occupied Territory.

##### Risks and assumptions

The prevailing political and security situation does not deteriorate further.

- No major structural change to the national and local authorities (e.g. educational and health structures).
- Continued national and local MoE & MoH support to the action.
- Continued support of local community leaders to the action.
- Basic needs of the Gazan population in terms of food, non-food items and access to services have been addressed
- Physical movement of PRCS staff from the West Bank to Gaza is possible and agreement with ICRC to facilitate and support such movement is reached.

##### Preconditions

PRCS psychosocial services are well established and respected by the communities of the selected areas.

- Psychosocial centres are accessible by children and adults.
- Caregivers have agreed to their children's participation in the activities.
- The selected schools remain committed to the program.
- Teachers have been informed about the programme and have agreed to participate in the activities

##### Specific objective

Specific Objective 1:  
Increased resiliency of the communities in the selected areas.

##### indicator 1 of specific objective

The targeted children & adults benefiting from various psychosocial support activities provided by the psychosocial centres are able & better prepared to cope with the consequences of ongoing conflict

###### target value

###### source of verification

- Attendance Sheet
- Focus Group Discussion
- Records of Activities
- Pre- and post questionnaires
- Activity reports.

##### indicator 2 of specific objective

Children in grades 5 and 6 participating in the school based activities enhanced their social wellbeing.

###### target value

###### source of verification

- Attendance Sheet
- Focus Group Discussion

- Records of Activities
- Pre- and post questionnaires
- Activity reports.

#### ■ result - 1

##### **Result's short description**

Adults and children troubling thoughts, behaviours and feelings are reduced

**global cost : 133.744,00 Eur**

**number of beneficiaries : 1,930**

#### ■ result - 2

##### **Result's short description**

The children participating in the guided workshops have improved their social engagement in their schools

**global cost : 397.644,00 Eur**

**number of beneficiaries : 4,701**

#### ■ result - 3

##### **Result's short description**

Children and Adults participating in psychosocial activities have improved their social engagement in the community, and the social fabric is strengthened in targeted areas

**global cost : 306.720,00 Eur**

**number of beneficiaries : 30,540**

#### ■ result - 4

##### **Result's short description**

The PRCS Psychosocial staff and volunteers in the selected areas are able to plan, implement and facilitate Psychosocial activities

**global cost : 205.063,00 Eur**

**number of beneficiaries : 370**

### result (1) - Details

#### Result's short description

Adults and children troubling thoughts, behaviours and feelings are reduced

**Total cost (eur)** 133.744,00 **Eur**

**Sectors** Health

**Sub-sectors** Mental and psycho-social support

**number of beneficiaries** 1,930

**status of beneficiaries** IDP ☐ population ☒ refugees ☐ returnees ☐ others ☐

#### Detailed description

Approximately 90 beneficiaries will receive individual counselling. Adult beneficiaries will be self-referred meaning that they will approach the PRCS psychosocial center on their own to receive counselling. Children are referred by their guardians.

- Approximately 240 individuals will be referred by PRCS primary health centres to the psychosocial centres receive group counselling. These beneficiaries will mainly be individuals with chronic diseases who have been referred by PRCS primary health care doctors. Patients with chronic diseases usually face difficulties adjusting with life-long illness and treatment. Psychosocial support is a necessary intervention to enable them to cope with this specific situation. Beneficiaries can be children, youth, adults or elders.

- An estimated 1600 beneficiaries who approach the psychosocial center for psychosocial or any other form of support will receive consultations and/or be referred to health, mental health and/or social services such as the Palestine Counselling Center, the YMCA or the Ministry of Health if the beneficiary needs fourth level intervention (according to IASC guidelines). Children in schools are referred to the School Counsellors of the Ministry of Education which will then follow its own referral procedure which with the PRCS is not allowed to interfere. In East Jerusalem specifically, the beneficiaries are being referred to Spaford and to the Palestine Counselling Center for counselling.

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### result (1) - Objectively verifiable indicators

#### result (1) - indicator 1

##### Short description

Adults and children who received individual and/or group counselling showed 10% reduction of signs of emotional distress (e.g. as feeling lonely, concentration, sleep problems) as reported by them b

##### Sources of verification

Pre and post questionnaire for group counselling  
Symptom checklist (pre and post) for individual counselling

**target value** 133.933

## Detailed description

Approximately 90 beneficiaries will receive individual counselling. Adult beneficiaries will be self-referred meaning that they will approach the PRCS psychosocial center on their own to receive counselling. Children are referred by their guardians.

- Approximately 240 individuals will be referred by PRCS primary health centres to the psychosocial centres receive group counselling. These beneficiaries will mainly be individuals with chronic diseases who have been referred by PRCS primary health care doctors. Patients with chronic diseases usually face difficulties adjusting with life-long illness and treatment. Psychosocial support is a necessary intervention to enable them to cope with this specific situation. Beneficiaries can be children, youth, adults or elders.

- An estimated 1600 beneficiaries who approach the psychosocial center for psychosocial or any other form of support will receive consultations and/or be referred to health, mental health and/or social services such as the Palestine Counselling Center, the YMCA or the Ministry of Health if the beneficiary needs fourth level intervention (according to IASC guidelines). Children in schools are referred to the School Counsellors of the Ministry of Education which will then follow its own referral procedure which with the PRCS is not allowed to interfere. In East Jerusalem specifically, the beneficiaries are being referred to Spaford and to the Palestine Counselling Center for counselling.

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## result (1) - Activities

### result (1) - activity 1

**Start date** 01/06/2011

**End date** 31/05/2012

#### Short description

Activities implemented under this result belong to the third level of intervention in the IASC pyramid and guidelines i.e. focused, non-specialised support.

#### Detailed description

##### 1. Individual counselling sessions:

Individual counselling deals mainly with the management of the negative stress or distress through a dialogue between the beneficiary and the counsellor. The aim is to help the beneficiary to define the problems and to find his/her own personal solution, with the support and the guidance of the counsellor. The counsellor might provide advice, non judgemental considerations, emotional support and understanding. Counselling can include relaxation techniques, conceptualisation (e.g. guided imagery), emotional release and learning of new coping mechanisms. The effects of the individual counselling sessions are measures through a pre and post symptoms check-list.

##### 2. Group counselling sessions and support groups:

Group counselling/support group, people who share a common problem/concern are gathered in a group in order to look for mutual support. Through exchange of experiences and ideas, group members usually find emotional support, understanding and learn about creative ways to cope with their problems. The counsellor acts as facilitator-expert who encourages the verbal exchanges, manages and secures the emotional environment and ensures that each and every participant has adequate time and space of expression. Chronic diseases patients, suffering from diabetes or hypertension, are likely to benefit from such counselling and support groups. The effects of the group counselling sessions are measures through a pre and post questionnaires.

### 3. Referral system:

The psychosocial centres will offer a wide range of services, from indoor and outdoor recreational activities to individual counselling. However, the first consultation might lead to the conclusion that the beneficiary's specific need goes beyond or is outside the scope of the psychosocial centre capacity and services. The psychosocial workers will in that case refer the beneficiary to other services within PRCS programmes and/or non-governmental organisations, Palestinian governmental institutions or private service providers such as the Palestine Counselling Centre, the YMCA or the Ministry of Health if the beneficiary needs fourth level intervention (according to IASC guidelines). Children in schools are referred to the School counsellors of the Ministry of Education which will then follow its own referral procedure which with the PRCS is not allowed to interfere.

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## result (1) - Means and costs

### result (1) - means 1

<b>cost</b>	133.744,00 <b>Eur</b>
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#### Short description

Main means are group counselling, transport, logistics and running costs

#### Detailed description

Group counselling mainly involved PRCS psychosocial workers facilitation and technical supervision by PRCS HQ (58 954 ₪) Specific training costs to Support group and counselling is 16523 ₪ while the share of the transport, logistics and running costs are also included under this result is 49 546 ₪, that is 15,26% of the total logistics costs.

International Personnel costs are 4 427 ₪.

Other support costs such as Travel and Accommodation costs; Equipment costs and Consumables & Supply costs for Result 1. are total 4483 ₪.

## result (2) - Details

### Result's short description

The children participating in the guided workshops have improved their social engagement in their schools

**Total cost (eur)** 397.644,00 **Eur**

**Sectors** Health

**Sub-sectors** Mental and psycho-social support

**number of beneficiaries** 4,701

**status of beneficiaries** IDP ☐ population ☒ refugees ☐ returnees ☐ others ☐

### Detailed description

- An estimated 3701 school children in grade 5 and 6 will participate in 20 guided workshops implemented in 99 schools.
- An estimated 1000 children from 10 to 12 years old will participate in 20 guided workshops facilitated by professionals in the psychosocial centres and/or community halls.

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## result (2) - Objectively verifiable indicators

### result (2) - indicator 1

#### Short description

By the end of the project, children and teachers reported 10% reduction of aggressive and violent behaviours used by children attending guided workshops at school.

#### Sources of verification

Focus Group Discussion for children  
Pre and post survey for children  
Pre and post survey for teachers

**target value** 398.965

### Detailed description

Teachers / facilitators will facilitate 20 guided workshops for 5th and 6th grade students in addition to targeting 10 - 12 years age children in selected schools / communities.

### result (2) - indicator 2



**Short description**

- By the end of the project, children attending guided workshops increased their cooperative behaviour with their peers by 10% as reported by children and teachers.

**Sources of verification**

Focus Group Discussion for children  
Pre and post survey for children  
Pre and post survey for teachers

**target value****Detailed description**

The methodology of the 20 guided workshops aims to enhance positive interpersonal relationships between the children and the teachers / facilitators. The activities are carried out in a specific sequence where each component in each session has a specific topic to increase resiliency factors of the children.

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**result (2) - Activities****result (2) - activity 1**

**Start date** 01/06/2011

**End date** 31/05/2012

**Short description**

The main PS activities are school and center (community) based

**Detailed description****1. School based guided workshops**

Teachers in the schools will facilitate 20 guided workshops for an estimated 206 groups in 99 schools. Those 20 guided workshops include activities carefully selected to directly correlate to the 10-12 years age group, aiming at supporting the children's emotional wellbeing, development and social skills by enhancing their self-confidence, coping mechanisms, understanding and respect for others as an individual and as part of a group. (see Guided Workshops Manual, annex 3). The methodology also aims to enhance positive interpersonal relationships between the children and the teachers. The activities are carried out in a specific sequence where each component in each session has a specific topic to increase resiliency factors of the children.

**2. Center based guided workshops**

In order to reach more 10 to 12 years old children, who are currently not benefiting from the programme in the selected schools (for instance, the Children who are educated in UNRWA schools and children from the Gaza strip where access to school is more difficult), guided workshops will also be implemented in the PS centres as well as community halls and/or local organisations facilities. Those workshops will be facilitated by professionals, such as psychosocial workers, and or well trained and experienced volunteers. The workshops content will follow the same guided workshops' manual. An estimated number of 50 groups will participate in these activities.

## result (2) - Means and costs

### result (2) - means 1

**cost** 397.644,00 **Eur**

#### Short description

The children participating in the guided workshops have improved their social engagement in their schools

#### Detailed description

The main means are the school based activities, where activity material for the guided and community workshops will be provided. Fruits and healthy snacks (according to the regulations of the School Health Department of the MoE) and refreshment will be served for the children in the old geographical locations. The school canteens, which are managed and supervised by the School Health Department of the MoE, provide the snacks for the children to ensure a fresh and healthy afternoon snack without unnecessary transportation and packaging of goods.

Transport, logistics as well as teachers and volunteer incentives and snacks and drinks for children and running costs represent the main source of expenses under this result (178098 ₺) and which includes Psychosocial workshop activity material costs of 45 208 ₺

Salaries of PRCS psychosocial workers facilitation, training and monitoring of the guided workshops assisted technically and managerially by the PRCS HQ cost a total amount of 174 090 ₺ (34.62% of total National Personnel Costs).

International personnel costs total 29665 ₺.

Sub-contracted costs are 7 256 ₺ and which covers among others training fees and fees for individuals.

The Travel and Accommodation costs and Equipment costs for Result 2. are total 8535 ₺.

### result (3) - Details

#### Result's short description

Children and Adults participating in psychosocial activities have improved their social engagement in the community, and the social fabric is strengthened in targeted areas

**Total cost (eur)** 306.720,00 **Eur**

**Sectors** Health

**Sub-sectors** Mental and psycho-social support

**number of beneficiaries** 30,540

**status of beneficiaries** IDP ☐ population ☒ refugees ☐ returnees ☐ others ☐

#### Detailed description

An estimated 4060 parents/caregivers from the communities will attend parents/caregivers sessions, in addition to other support groups.

- An estimated 2 300 children and their families attend theatre shows.

- An estimated 20 580 children and community members participate in the summer activities, community workshops, meetings, open days and festivals.

- An estimated 800 children visit and participate in the activities of the Psychosocial Centres (around 25 visits per child).

- In addition, estimated 2800 community members will participate in Psychosocial awareness activities in the Gaza Strip.

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### result (3) - Objectively verifiable indicators

#### result (3) - indicator 1

##### Short description

By the end of the project, children and adults participating in the psychosocial support groups reported 10% increase in their positive interactions (verbal/physical) with others.

##### Sources of verification

Pre and post survey for children.

Pre and post survey for adults.

Focus group discussion for children and adults

**target value** 307.852

#### Detailed description

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### result (3) - indicator 2

#### Short description

- By the end of the project children and adults participating in the psychosocial support groups reported 10%. Increase in their time spent on participating in constructive activities (e.g. play, youth

#### Sources of verification

Pre and post survey for children.  
Pre and post survey for adults.  
Focus group discussion for children and adults

#### target value

#### Detailed description

### result (3) - indicator 3

#### Short description

At least 30% of the community workshops and festivals are carried out in cooperation and participation of local organizations.

#### Sources of verification

Pre and post survey for children.  
Pre and post survey for adults.  
Focus group discussion for children and adults

#### target value

#### Detailed description

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### result (3) - Activities

#### result (3) - activity 1

**Start date** 01/06/2011

**End date** 31/05/2012

#### Short description

Activities implemented under this result belong to the second level of intervention in the IASC pyramid and guidelines i.e. Community and Family Support.

#### Detailed description

##### 1. Psychosocial centre daily activities

The psychosocial centre is a safe place rooted in the community where the children can move, play and express themselves freely. It is as well a psycho-educational and relaxing place where also the parents and the care givers can find a protected environment (safer than the outside environment) to hand over their children and also to meet and interact. The psychosocial centre will provide various corners to the children that have both a recreational and psycho-educational purpose by facilitating relationship and emotional expressions through Play activities and Art activities. It is estimated that each child will be visiting the PS centre 25 times to benefit from its activity corners.

## 2. Parents/Caregivers and support groups sessions.

Parents/ caregivers from villages, where the psychosocial activities are implemented through the psychosocial centres, will participate in 12 parents/ caregivers sessions, in addition to other support group sessions that encompass detainees' families. These sessions, previously developed and tested through the "Love Bridge" programme, have proved successful in raising the parents/caregivers' knowledge and awareness on psychosocial needs of the children and children protection issues, including domestic and sexual violence.

## 3. Theatre shows

Theatre shows will be conducted in all the locations as a complementary activity of the parents /caregivers sessions: the content of the theatre show will be psycho-educational in order to support the process initiated during the parents/caregivers sessions. This joint children/parents activity will allow beneficiaries to reflect upon and share their ideas and perspectives with each other.

## 4. Community workshops and open days

As part of the new community based approach, Community workshops and open day's activities will be implemented in the public venues in community locations where the programme will be implemented. Community workshops will not only concentrate on the school and the school social environment. Instead, additional members from the local communities in addition to teachers and children will be participating in those activities.

## 5. Community Committee meetings in each location

A project committee consisting of the Governor of the Governorate, the Mayor of the town, the Director of the MoE, representatives from the religious community, parents, headmasters/mistresses, representative from the police, etc. will meet two times a year, during and after the project implementation to ensure the continued support to the project by key members of the local community and the MoE. During the meetings the project coordinator will provide an update of the progress and developments in the project and the committee members provide their views and suggestions. All relevant project documents will be translated to Arabic and distributed to the members of the committee.

## 6. Headmaster/mistress meetings in each location

The support of the headmaster/mistress is very important to the project. Meetings will be held in each of the project governorates with all the headmasters/headmistresses, the branch president of PRCS, the chairman of the project committee and the project coordinator. These meetings will take place 2 times a year, during and at the end of the project.

## 7. 8<sup>th</sup> of May, the Red Cross/ Crescent Movement Day - various RCRC activities - school and community based implementation

## 8. 245 children will attend leadership training to carry out community activities

## 9. An estimated 2 800 community members will participate in PS awareness activities in the Gaza strip

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### result (3) - Means and costs

#### result (3) - means 1

cost

306.720,00 Eur

Short description

The main means are the community based PS activities and which includes materials i.e. snacks and refreshments.

#### **Detailed description**

The main means are the community based activities, where activity material for the centre based activities, community workshops and the open days will be provided. In some occasions, snacks and refreshment will be served for the children and parents. Activity material costs are 16 051 ₪. Logistics costs, including snacks and drinks and incentives, costs 101 352 ₪.

Salary of PRCS psychosocial workers for the facilitation of parents/caregivers sessions and community workshops and open days as well as managerial and technical support from PRCS HQ cost 149 140 ₪ (29.67% of total National Personnel Costs).

International Personnel costs are 25 427 ₪.

Sub-contracted costs are 7 256 ₪ (includes training fees).

Travel and Accommodation costs, which covers delegate travel costs in Palestine OT as well as Danish RC Head of Regional Office and Equipment costs for Result 3. come to total 7 493 ₪.

### result (4) - Details

#### Result's short description

The PRCS Psychosocial staff and volunteers in the selected areas are able to plan, implement and facilitate Psychosocial activities

**Total cost (eur)** 205.063,00 **Eur**

**Sectors** Health

**Sub-sectors** Mental and psycho-social support

**number of beneficiaries** 370

**status of beneficiaries** IDP ☐ population ☒ refugees ☐ returnees ☐ others ☐

#### Detailed description

Approximately 370 PRCS staff, volunteers and other actors providing psychosocial support (from MoH and MoE) will participate in psychosocial training.

100 % of the PRCS staff and volunteers will receive on-job supervision

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### result (4) - Objectively verifiable indicators

#### result (4) - indicator 1

##### Short description

By the end of the project, the activities implemented by the trained teachers, staff and volunteers result in a 100% achievement of planned activities and set qualitative indicators.

##### Sources of verification

Attendance Sheet by trainees  
Monthly report PSW  
Field visits' monitoring sheet by supervisors  
Focus group discussion - trainees  
Evaluation Sheet by the trainees

**target value** 206.195,00

#### Detailed description

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### result (4) - Activities

#### result (4) - activity 1

**Start date** 01/06/2011  
**End date** 31/05/2012

**Short description**

Main activities involve basic PS training and school based intervention training for main stakeholders (teachers, volunteers and PRCS staff).

**Detailed description**

1. Basic psychosocial training for new teachers, volunteers and PRCS staff.

A one day project orientation workshop for estimated 65 PRCS staff, volunteers, teachers and school counsellors will be held.

2. School Based Intervention training for teachers, volunteers and PRCS staff.

Estimated 65 new teachers and PRCS psychosocial workers and volunteers will receive a 5 days training in the workshop manual and methodology, on identification of children with special needs, and on application of the monitoring and evaluation guidelines. Two training days will fall in the beginning of the first school semester and three training days in the second school semester

3. School based intervention follow up training for teachers, volunteers and PRCS staff

227 teachers, PRCS psychosocial workers and volunteers will participate in a 2 day follow up training for the school based intervention. The aim of the training is to exchange and discuss experiences and challenges faced during the workshops. Ad hoc issues that are raised during the workshops will be dealt with in depth and solutions examined.

4. Training on Mental Health (Introduction) for 60 PRCS psychosocial workers for two days

5. Counselling skills for 16 PSP workers in Gaza Strip for 14 days

6. Professionals specialized training for 80 persons for 10 days

7. Team capacity building for volunteers, teachers

One recreational day/team capacity building for estimated 173 PRCS volunteers and teachers will be taking place at the end of the project period.



## 8. Group and individual supervision of PRCS psychosocial workers

Estimated 27 PRCS psychosocial workers will receive continuous group and individual supervision and ongoing training throughout the year to maintain a high standard in the monitoring and facilitation of project activities, and their interaction with the children, parents and teachers.

Content:

1) Supervision sessions addressing the PRCS psychosocial workers personal difficulties and limitations they encounter in their work.

2) Ongoing training mainly focuses on specific aspects of the PRCS psychosocial workers role and technical questions arising from their work with children, parents, and teachers.

9. Three days team building meeting for approximately 130 PRCS staff and volunteers.

The PRCS staff will spend three days together at the end of the project period to evaluate the year that has passed and prepare for the year to come in a friendly setting and environment.

10. Annual PS seminar for PRCS staff and volunteers

An annual PS seminar is held for all PRCS staff and volunteers involved in social and/or psychosocial activities across the PRCS department in order to discuss future projects, integration between departments, strategies and harmonisation of PS interventions.

11. 117 coordination meetings will be held in the locations for around 100 persons that involve the coordinators, PSP providers and other organizations which are working in the same field, to enhance coordination and networking and to harmonize the work among them.

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## result (4) - Means and costs

### result (4) - means 1

<b>cost</b>	205.063,00 <b>Eur</b>
<b>Short description</b>	
The main means are activity materials, fees and salaries	
<b>Detailed description</b>	

The main means is the National Personnel Costs (120 591 ₺) which includes Psychosocial workers, coordinators and various support staff.

Transport and running costs which includes accommodation, snacks and refreshments comes to 40 842 ₺.

International personnel costs is total 25 427 ₺.

Sub-contracted costs are 7 256 ₺ and which includes among others training fees.

Other costs related to Result 4. are Travel and Accommodation costs, Equipment costs (lump sum) and Consumables and Supplies costs are total 10 946 ₺

#### 4.3.2.4 OTHER COSTS

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<b>Other costs</b>	<b>Initial amount</b>
institutional visibility/communication Visibilité institutionnelle/communication	2.887,00
Baseline and Evaluation	10.787,00
Financial Audit	5.036,00
<b>Total other costs</b>	<b>18.710,00</b>

## 4.4 WORKPLAN

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### 4.4 Workplan

Please see Annex 11

## 4.5 MONITORING, EVALUATION, AUDIT AND OTHER STUDIES

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### 4.5.1 Monitoring of activities (explain how, by whom)

Monitoring of the school based guided workshops are carried out by both the teachers and monitors who are visiting the schools on a regular basis.

In order to monitor the effect of the programme outside of the workshop, quantitative data are collected through pre- and post tests questionnaires that are filled by children and their caregivers at the beginning and the end of the programme period. Focus group discussions with beneficiaries, key informant interviews and staff/volunteer meetings as well, allow collection of qualitative data on children coping and resiliency. Counselling sessions are monitored through post session reports focusing on clinical criteria. Number of counselling sessions implemented is reported to ECHO while the content of the clinical reports will remain confidential.

PRCS psychosocial workers; submit field monitoring sheets and technical reports to the PS centre coordinator on a weekly basis. Outcomes are analysed by a statistician and then reported.

The psychosocial centres coordinators; have regular meetings with the PRCS PS HQ staff - various implementation discussions are held including submission of monthly financial and narrative reports.

The PRCS finance department submits cash requests to Danish Red Cross Regional office in Amman, approved by the Consortium Programme Manager, according to planned activities and quarterly financial reports.

The PRCS staff and volunteers who have attended psychosocial training and are implementing psychosocial activities will receive regular on-the-job supervision by the PRCS psychosocial programme technical supervisor. Evaluation sheets and focus group discussions will be used to measure the quality of the training, together with the outcomes of the implemented activities.

The community committees, representing the local community members including representatives from the local authorities, will meet twice annually. They are an integral part of the monitoring process of the programme, since the programme is designed for the community and should be evaluated by the community itself.

The Consortium programme manager undertakes frequent monitoring visits to implementation areas including schools and centres. The Danish Red Cross Head of MENA Region, based in Amman, will undertake at least two monitoring visits a year and will review proposals, reports and financial budget and overview submitted to ECHO.

A Steering Committee consisting of representatives from Palestine Red Crescent Society, Danish, French, Icelandic and Italian Red Cross meet twice annually in Palestine to review progress made, and to plan and agree on the development and future strategy for the psychosocial interventions.

### 4.5.2 Tick the box if one of the following studies will be undertaken:

#### External evaluation during the Action

no

#### External evaluation after the Action

no

#### External audit during the Action

no

#### External audit after the Action

no

#### Internal evaluation or internal audit related to the Action

yes

### 4.5.3 Other studies

no

**If yes, please elaborate**

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## 5. CROSS-CUTTING ISSUES

### 5.1 Describe the expected level of sustainability and/or connectedness

The Palestine Red Crescent society is, by decree, an auxiliary of the Palestine Authority. PRCS is therefore not a temporary institution nor non-governmental NGO established in a particular context or in order to respond to a specific and time-limited situation. Instead PRCS is a sustainable and permanent body in the Palestinian social and humanitarian sphere. As a result, supporting the capacity building of PRCS at institutional level has long term and long lasting impact.

The PRCS PS staff and volunteers, both at HQ and at Branch network level, have been implementing psychosocial activities for many years and have jointly built up an expertise of experienced staff and volunteers over the years. This is the core of sustainability of the Psychosocial Programme implementation.

With the support of the PS Consortium members, the PRCS psychosocial department has over the years gained significant experience in psychosocial support and harmonised its approach to psychosocial support interventions. Various products and methodologies have been developed, including the finalisation of the workshop manual, improvement of measuring tools and monitoring sheets, development of training and monitoring guidelines. With the support of its Consortium partners, PRCS PS department is currently developing its 2010-2014 strategy and formalising its psychosocial centre approach concepts. It is also developing a documented methodology of interventions based on past experiences.

While implementing the School Based Psychosocial Support Programme, PRCS has developed a close and beneficial collaboration with the Ministry of Education, which is the second most important factor when it comes to sustainability of the Psychosocial programme in Palestine. The interest and involvement of the MoE is seen as a major factor to sustain the school-based psychosocial support for children and their families. Not only are teachers acquiring methods and tools that they can use in their daily relations and activities with all children, but also, at the Ministry of Education directorates level where the project is implemented, there is a growing interest in integrating the Children Affected By Armed Conflict methodology in the training of teachers. The School-Based Psychosocial Support Programme exit-strategy<sup>[1]</sup> was implemented for the first time in the school year 2008 - 2009. However at the Ministry of Education headquarter level, difficulties in convincing the Ministry of integrating the methodology in the curriculum have been greater for both practical and institutional reasons. In the absence of official decision from the Minister, it is difficult for the Directors of MoE directorates on local level to make a decision based on the ground of their personal perspective and understanding of the programme. In that context, Qalqilya is a noticeable exception.

Tools and methodologies developed in Palestine for the past seven years and the expertise gained by the PRCS PS department are gradually getting Regional and International recognition. PRCS PS department are regularly providing training for the Red Crescent Societies of Jordan and Syria on the basis their current experience.

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<sup>[1]</sup> PRCS exit strategy to implement SBPSP in schools for three years, where after the activities are handed over and implemented under the responsibility of the MoE with technical support from PRCS.

### 5.2 Continuum strategy (Linking Relief, Rehabilitation and Development)

The PRCS PS department is currently revising the PS contingency plan as an integrated part of PRCS' overall Disaster Management strategy. The PRCS psychosocial centres are already conducting training in psychosocial first aid (PFA) for PRCS staff and volunteers, as well as staff from other organisations. PRCS is also providing psychosocial first aid in emergency situation.

With the increased need of psychosocial interventions in the Palestine OT, PRCS's 2010-2014 PS strategy<sup>[1]</sup> relies on the provision of psychosocial services through five well established psychosocial centres in vulnerable areas : Qalqilya, Jaba and Hebron in the West Bank, and Gaza City and Khan Younis in the Gaza Strip.

The psychosocial centre approach will strengthen the capacity of providing psycho-social support as it works through a holistic community based approach which encompasses the provision of additional services, to a greater number of beneficiaries. The psychosocial centres can accommodate various layers of the population by providing psychosocial support activities matching specific needs:

- School-based psychosocial support activities,
- Centre based psychosocial education activities,
- Individual and group counselling,

- Guidance and awareness for parents/caregivers through child protection and advocacy sessions,
- Psychosocial support training for PRCS PS staff and volunteers, as well as staff from other organisations and local authorities.

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[1] The PRCS PS Department will finalise the PS strategy for 2010 - 2014 in September 2010.

### 5.3 Mainstreaming

The programme is gender balanced and includes children from boys, girls and mixed schools, as well as their caregivers of both genders and members from the communities.

Article 39 of the Convention of the Rights of the Child stipulates that all appropriate measures must be taken to promote the physical and psycho-social recovery and social reintegration of a child victim, including victims of armed conflict - and that this must take place in an environment that fosters the health, self-respect and dignity of the child.

Article 8 of the EU Consensus on Humanitarian Aid stipulates *"provide a needs-based emergency response aimed at preserving life, preventing and alleviating human suffering and maintaining human dignity"*. The proposed psychosocial centre based programme therefore includes offering structured activities where the children have a safe place in which to allow them to express their feelings and emotions in the way children do best: through play, games, art, music and sport in a known environment surrounded by friends and staff/volunteers providing a positive atmosphere.

Throughout the 20 guided workshops the children learn about their rights as they to practice their rights and learn how to respect the rights of other people around them. This includes how to respect and play with each other. The self-confidence of the children in protecting and practicing their rights is increased. During parents/caregivers sessions PRCS provide information to parents and caregivers on the rights of their children to play, to express themselves, to education, to health and other psychosocial and developmental needs. In connection with evaluations of the programme, parents and caregivers have indicated that their children are more aware about their rights and the children ask to be respected and listened to.

The dissemination of information on International Humanitarian Law (IHL) is an important part of the RC/RC information work in order to provide adequate information regarding rights of the population and the protection of civilians' persons in time of war[1]. PRCS is also disseminating information on IHL to children, parents and teachers within the programme's activities. There is also emphasis on IHL at the training of teachers and during the meetings with the local committees.

The additional target group is PRCS staff and volunteers where PRCS is strengthening its capacity in Disaster Management for man-made as well as natural disasters. By September 2010 the PRCS PS Department will have finalised an emergency contingency plan, which will be part of an integrated PRCS overall Disaster Management strategy.

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[1] Geneva Convention Relative to the Protection of Civilian Persons in Time of War. 12. August 1949.



## 6. FIELD COORDINATION

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### 6.1 Field co-ordination

At national level, PRCS and the Consortium technical delegate participate in the regular Psychosocial Working group meeting, led by UNICEF. The meetings provide a forum for the coordination of activities and sharing of experiences, as well as harmonising interventions, trainings, indicators and monitoring tools.

In 2008 - 2009 PRCS was one of the organisations who participated in the inter-agency psychosocial support programme evaluation facilitated by both UNICEF and Columbia University (NY).

PRCS is a key member of the National Steering Committee for psychosocial activities coordinated by Ministry of Health. The National steering Committee consists of representatives from WHO, UNWRA, UNDP, UNICEF, Ministry of Education, Ministry of Social Welfare, Ministry of Youth and Sports, Save the Children, Gaza Psychosocial Programme, PNGO, and CIDA.

The PRCS PS department conducts regular sectoral coordination meetings which includes both RCRC Movement and non-Movement partners. The objective is to evaluate and ensure all programmes are supported in an efficient and harmonised way, and that they stand within the framework of the PRCS Strategy on the technical level.

The Red Cross/Crescent Movement partners furthermore hold by-monthly Movement coordination meetings that include the International Committee of Red Cross, the International Federation of Red Cross, PRCS and PRCS partner national societies.

### 6.2 National and local authorities (relations established, authorisations, coordination)

The Palestine Red Crescent society is, by decree, an auxiliary of the Palestine Authority. Coordination with the local authorities is therefore rooted in its legal status.

The proposed psychosocial centre approach will not overlap with existing public structures. The Palestine Red Cross Society services are established where and when the Palestinian Ministries are not present and/or covering the existing needs. Moreover, cooperation with Ministries has proved very close and fruitful, as illustrated by the two MoUs signed between PRCS and the Ministries of Education and Social Affairs in December 2009. In many instances, PRCS services are complementing existing public structures and sometimes they are totally integrated into the governmental setting as it is the case in Hebron, where PRCS health services are fully integrated in the Ministry of Health structure.

As described above, PRCS PS department with the Ministry of Education is well established. Regular meetings are held with the Directors of District MoE's, as well as Headmasters and Teachers, and with the Ministry of Education at national level. The selection of the schools is made in close collaboration with the local representation of the Ministry of Education provides lists of schools in which they recommend PRCS to implement the SBPS project and PRCS follow up and verify that these schools are within the agreed selection criteria.

In January 2010 PRCS facilitated a meeting in Jericho with Representatives from the Ministry of Education in Ramallah and four members of the Ministry of Education Directorate, from each of the seven locations where the programme is implemented. The representatives were the Directors of the MoE Directorate, School Council Supervisors, Non-Formal Education Supervisors and School Health Supervisors and all Headmaster/Mistress of schools involved in the activities. The purpose of the meeting was to exchange experiences between the different Directorates and to present lessons-learned during the implementation of the programme. The participants discussed the obstacles faced, the implementation of the activities and the different ways each Directorate dealt with challenges. Another major point was the exit strategy from the MoE Directorates point of view and how they can support each other.

The Ministry of Education and the Governor of the Governorates are members of the community committees that meet twice annually to discuss the programme implementation.

PRCS together with the Ministry of Health are working on strengthening the existing coordination and cooperation, to improve the referral systems between mental health and psychosocial interventions. PRCS is also represented in "The High Committee of Mental Health in Palestine", led by the MoH, conducting regular meetings.

### 6.3 Co-ordination with DG ECHO (indicate the Humanitarian Organisation's contacts with DG ECHO and its technical assistants in the field)

The Danish Red Cross has regular and frequent meetings with the DG ECHO Experts in Jerusalem and the Representative is invited to visit the activities. Changes and new initiatives are discussed and information is shared on ongoing activities and actions taken by organisations working in the same field and geographical locations. Visibility and communication actions are discussed and agreed together with the DG ECHO Information Officer in Jerusalem.

## 7. IMPLEMENTING PARTNERS

### 7.1 Name and address of implementing partner(s)

Palestine Red Crescent Society (PRCS) - Dr. Younis Al-khatib, President of PRCS, Al Bireh, West Bank, Palestinian, P.O. Box 3637, Telephone: + 972 2 240 6515, Fax: + 972 2 240 6518, Email:

[info@palestinercs.org](mailto:info@palestinercs.org)

International Committee of the Red Cross (ICRC) - Christiana Barbara Amstad, Head of Mission, Nabi Shu'aib St. # 8, Sheikh Jarrah District, P.O. Box 20253, Jerusalem 91202, Email: [Jerusalem.Jer@ICRC.org](mailto:Jerusalem.Jer@ICRC.org)

The proposal is submitted to ECHO by the Danish Red Cross, who is in charge of contractual obligations and reporting requirements toward ECHO. In the school year 2008-09 a consortium of Red Cross movement partners was established, which includes Icelandic, French and Italian Red Cross as supporting partners. This consortium has been and is technically and financially supplementing the implementation of the Psychosocial Programme in Palestine OT.

Icelandic Red Cross - Kristjan Sturlusson, Secretary General, Efstaleiti 9, Reykjavik, Iceland, E-mail: [central@redcross.is](mailto:central@redcross.is)

French Red Cross - Olivier Brault, General Director of the French Red Cross, Croix-Rouge Française, 98, rue Didot, 75 694-Paris cedex 14, France. E-mail: [olivier.brault@croix-rouge.fr](mailto:olivier.brault@croix-rouge.fr)

Italian Red Cross - Andrea Des Dorides, General Director, Via Toscana 12, 00187 Rome, Italy, E-mail: [Marcello.guerra@cri.it](mailto:Marcello.guerra@cri.it) or [italcross.delegate@cri.it](mailto:italcross.delegate@cri.it)

### 7.2 Status of implementing partners (e.g. NGO, local authorities, etc.) and their role

The Palestine Red Crescent society is, by decree, an auxiliary of the Palestine Authority. It is a full member of the International Movement of the Red Cross Red Crescent Societies since 2006. It is therefore governed by the Movement principles: Humanity, Neutrality, Impartiality, Independence, Voluntary service, Unity and Universality.

Palestine Red Crescent Society's Psychosocial Department is and will be responsible for the daily implementation of the programme. The local PRCS branches will accommodate the psychosocial centres, facilitate social development initiatives for the local community, provide volunteers and supply suitable locations for training activities in coordination with the local MoE and MoH.

PRCS' Expressive Art Therapy and Capacity Building Centre is and will be responsible for the training component of the programme, including technical supervision.

The International Committee of Red Cross (ICRC) is not an implementing partner per se in this programme. However, under the Seville Agreement ICRC is accorded Lead Agency Status. Because of security considerations, the RC/RC Movement partners are required to follow the strict security regulations of ICRC, including using standard ICRC vehicles when present in the Palestine OT.

The Consortium, established during 2008-2009, consisting of DRC, FRC, ICRC and ItRC with the DRC as the lead agency, will continue the cooperation in project year 2011-2012.

### 7.3 Type of relationship with implementing partner(s) and the expected reporting by the implementing partner

Danish Red Cross began its collaboration with Palestine Red Crescent Society in 2001, initially through multilateral assistance, and a year later bilaterally. The Psychosocial Support Programme for Children and Families 2011-2012 is a continuation and expansion of the first bilateral psychosocial programme, which was initiated in 2003-2004 between the Palestine Red Crescent Society, Danish Red Cross and Icelandic Red Cross, with the support of ECHO.

The French Red Cross began supporting PRCS in 2000 and specifically the School Based Psychosocial Support Programme in the school year 2006-2007 following the same methodology and concept of the existing DRC/ICRC supported programme. The Italian Red Cross started supporting and contributing to the development of PRCS PSP Strategy in 2005.

The Italian Red Cross has supported PRCS in the establishment and development of two Psychosocial Centres in Hebron Old City and Khan Younis. During 2005-2006 the ItRC also supported a Psychosocial Support Center in Bethlehem. In addition, ItRC has been supporting PRCS in implementing a pilot School Based Psychosocial Support Programme since the school year 2007-2008 based on the same concept as DRC/ICRC/FRC supported programme.

With the support of the Danish, French, Icelandic and Italian Red Cross, the PRCS PS Programme has

capitalised on the experiences gained by incorporating lessons learned and have over the last years harmonised the processes of intervention. The PRCS will maintain narrative and financial reporting responsibilities towards DRC and as before all obligations of the implementing parties are fully documented through up to date signed MoUs and Agreements.

## 8. SECURITY AND CONTINGENCY MEASURES

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### 8.1 Contingency measures (Plan B/ mitigating actions to be taken if risks and assumptions spelled out in the log-frame materialised)

The actual situation in the Palestinian AT/OT is one of on-going conflict, including internal turmoil. The socio-economic situation is also serious and could degrade further.

The stress factors which are linked with the actual situation would increase with any further deterioration. Long-term exposure to stressful and abnormal conditions has a negative impact on a person's mental health, behaviour and ability to function. The objective of the proposed programme is to provide children and families affected by the conflict situation, with a support that enhances their resilience and protects their psychosocial wellbeing. The preventative approach of the programme supports the idea that beneficiaries will be better able to cope with an increase in stress factors and thus reduce the negative impact on their well-being.

Delays in the implementation of activities, due to restrictions in movement and/or possible outbreak of violence and closure of schools, may occur. The proposed centre and community based set-up has however decreased the vulnerability to these types of obstacles by employing locally based staff and working in the field in a decentralised manner which limits the need for movement and transportation. Working with the support of the ICRC has also proved to be helpful in situation of acute tensions since ICRC is in position to coordinate and ease the movements of both PRCS and Consortium delegates.

The extensive network of PRCS's branches and volunteers involved in the programme together with local project committees ensures that alternative venues are found when access to schools are closed due to economical (strike) or political reasons (blockade). Trained volunteers together with PRCS staff have proved in the past that they could facilitate activities outside the schools in case of teachers strike and or impossibility to access schools. The continued support from local leaders through the community committees secures the sustainability of the project in case the prevailing political situation deteriorates.

### 8.2 Security considerations

#### 8.2.1 Security situation in the field, describe briefly

The situation in Palestine OT has been described as "A Chronic man-made complex emergency" and as such the tension and security level is ever changing from location to location, day by night. ICRC is in charge of the security for the international Red Cross/Crescent movement partners and assists PRCS, as the national movement partner, in getting access to the most vulnerable population. PRCS, a community based organisation with branches in all districts with staff and volunteers working and living in the local communities have access to the beneficiaries independent of the security situation and can thereby continue the work.

#### 8.2.2 Has a specific security protocol for this Action been established?

**Yes/No/Standard procedures**

Yes

**If yes please elaborate**

In the Israel - Palestine OT, the International Committee of Red Cross (ICRC) under the Seville Agreement ICRC is accorded Lead Agency Status and directs and coordinates international relief activities conducted by International Red Cross Crescent Movement partners in situations of conflict. Because of security considerations, the RC/RC Movement partners are required to follow the strict security regulations of ICRC, including using standard ICRC vehicles when present in the Palestine OT. Close coordination and cooperation is established between ICRC and PRCS to provide PRCS staff/ volunteers and Red Cross delegates access to restricted areas such as enclaves and isolated communities.

#### 8.2.3 Are field staff and expatriates informed of and trained in these procedures? (Yes/No)

yes



## 9. COMMUNICATION, VISIBILITY AND INFORMATION ACTIVITIES

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### 9.1 Planned communication activities (in field and/or in Europe)

Information dissemination of the action will be carried out by the participating national societies on their respective websites

Palestine Red Crescent Society: [www.palestinercs.org](http://www.palestinercs.org)

Danish Red Cross: [www.drk.dk](http://www.drk.dk)

French Red Cross: [www.croix-rouge.fr](http://www.croix-rouge.fr)

Italian Red Cross: <http://www.cri.it>

Icelandic Red Cross: [www.redcross.is](http://www.redcross.is)

Information dissemination will also be done internationally through IFRC's regular Programme Updates and 'News Stories' <http://www.ifrc.org> and <http://psp.drk.dk/>

Appropriate visibility and credit will be given to the grant made by the European Commissions Humanitarian Office (ECHO) in reports and publications as well as press releases and information material stemming from the action or during public events associated with the project.

### 9.2 Visibility on durable equipment, major supplies, and at action locations

As part of the activities the PRCS staff, volunteers and teachers will wear visibility vests with the logos of ECHO and PRCS. T-shirts with the ECHO and PRCS logo will be given to the children participating in the guided workshops. Volunteers celebrating the 8<sup>th</sup> of May, the Red Cross/Red Crescent movement day will also receive t-shirts with ECHO logo and PRCS.

Visibility stickers and banners will be displayed wherever activities are taking place.

### 9.3 Planned publication activities

The PRCS PS staff and volunteers have to date successfully attracted local press coverage for events taking place in the project, i.e. open days, community workshops and summer activities and they will continue this in the new project period.

All visibility and communication activities will be coordinated with the ECHO Regional Information Officer in Amman and ECHO Information and Communication Assistant in Jerusalem. At the time this proposal is submitted, a training on drafting press releases and organising medias has been planned for PRCS staff including PS coordinators.

## 10. HUMAN RESOURCES

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### 10.1 Indicate global figures per function and status

<b>Title/Function</b>	<b>Status</b>	<b>Number of persons</b>	<b>Person/month per project</b>	<b>Comments</b>
Program Delegate	Expatriate staff	1	12	100% position
HQ Technical Supervisor	Implementing partner	1	12	50% over 12 months
Programme Officer	Implementing partner	1	12	100% position
Psychosocial Worker	Implementing partner	41	12	100% positions
Program Assistant	Implementing partner	1	12	100% position
Psychosocial coordinator	Implementing partner	5	12	100% positions
Secretary	Implementing partner	5	12	100% positions
Cleaner	Implementing partner	4	12	100% positions
Guard	Implementing partner	1	12	100% position
Driver	Implementing partner	7	12	100% positions
Supervisor	Implementing partner	1	12	100% position
M & E	Implementing partner	1	12	100% position
Accountant	Implementing partner	1	12	100% position
Administrative Assistant	Implementing partner	1	12	100% position
HQ Accountant	Implementing partner	1	12	100% position
HQ HR Officer	Implementing partner	1	12	20% over 12 months
HQ IT Officer	Implementing partner	1	12	20% over 12 months
HQ Procurement Officer	Implementing partner	1	12	20% over 12 months
HQ PS Depart. Director	Implementing partner	1	12	60% over 12 months
DRC Head of Region	Expatriate staff	1	130	Hours / Time sheets

Comments :



## 11. FINANCIAL OVERVIEW OF THE ACTION

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Financial overview of the action	Initial Budget	Intermediate Committed Amount	Final Committed Amount
International personnel costs	84.758,00	0,00	0,00
National personnel costs	502.776,00	0,00	0,00
Transport and accommodation	20.830,00	0,00	0,00
Equipment costs (small)	4.975,00	0,00	0,00
Sub-contracted costs and services including evaluation and audit	54.114,00	0,00	0,00
Consumables and Supply costs	66.910,00	0,00	0,00
Transport and Running costs	324.631 ,00	0,00	0,00
Communication / visibility / information	2.887 ,00	0,00	0,00
Subtotal direct eligible costs	1.061.881,00	0,00	0,00
Direct eligible costs = Sum of amount per result + Other costs = 1.061.881,00			
Indirect costs (max. 7%) =( 74.331,67 )	74.331 ,00	0,00	0,00
Total Costs	1.136.212,00	0,00	0,00

Funding of action	Initial	Final state
Direct revenue from Action	0,00	0,00
Contribution by applicant	151.212,00	0,00
Contribution by other donors	185.000,00	0,00
Contribution requested from ECHO	800.000,00	0,00
% of total funding	70,00	0,00
Total Funding	1.136.212,00	0,00

## 12. ADMINISTRATIVE INFORMATION

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### 12.1 FPA number (if applicable)

2008|FPA|8-140

### 12.2 Name and title of legal representative signing the Agreement

to be completed online

### 12.3 Name, telephone, e-mail and title of the person(s) to be mentioned in Article 7 of the Agreement

Name	Title	Phone	Fax	E-mail
Marie-Chantal Dahl	Desk Officer MENA	+ 45 35259295	+45 35259350	mcd@drk.dk

### 12.4 Name, telephone, fax and e-mail of the representative in the area of intervention

Name	Phone	Fax	E-mail	Address
Mads Brinch Hansen Head of Region DRC MENA	+ 962 795 157 915	mabd@drk.dk	+45 35259350	147. Prince Hassan Street - Al Ashrafeyeh Amman, Jordan

**ANNEX A: PROCUREMENT TABLE**

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Supplies, services or works								
Description	Quantity	Amount (EUR)	Procurement procedure	Derogation (Y/N)	(Forecast)	duration (weeks)	(Forecast)	duration (weeks)
					Launch date procedure		Contracting date	
Procurement comments								

**PARTNER INTERNAL FOLLOW-UP INFORMATION**

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**Tracks**

Date	Action	Description	User Id
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**Other comments**